

## HEALTHY HEARING FACTS

1. Hearing impairment currently affects 10% of the population and is the 3rd most common chronic health condition in the U.S.
2. One out of every three adults over 65 has a hearing loss.
3. Hearing loss contributes to social isolation, dementia and depression.
4. Every adult should have a baseline hearing test by the age of 30.
5. Adults over the age of 40 should have an annual hearing test.
6. Individuals with hearing and balance problems should seek care from a Doctor of Audiology (Au.D.).
7. Hearing aids are the beginning of successful treatment for hearing loss. Training in their use is needed and follow-up is essential, as retraining is often needed to help the brain interpret sounds.
8. Hearing healthcare is constantly improving due to new and improved technology, and specialized care provided by Doctors of Audiology.



## Doctors of Audiology (Au.D.)

specialize in the diagnosis, management and treatment of hearing and balance disorders. They provide direct services to patients from birth through adulthood, including:

- Testing and evaluation.
  - Prescribing and fitting hearing aids.
  - Counseling and rehabilitation.
  - Prescribing assistive and adaptive devices.
  - Hearing loss prevention programs and consultation.
  - Fitting and tuning cochlear implants.
  - Surgical monitoring of hearing function.
  - Designing and managing infant hearing screening programs.
  - Balance assessment and rehabilitation.
  - School based assistive programs for children.
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